



Guettarda speciosa

Faux figuier du bord de mer
Family : Rubiaceae

This beautiful, large-leaved shrub produces fragrant, tubular white flowers, especially in the morning.

This tree gets its common name from its round, pinkish fruits when ripe, making them look somewhat like figs.

The seeds are spread by birds but also by sea currents and can thus travel long distances in water.



Virtues



Traditional uses

- Leaves, many uses: disposable plates, baby wipes, hair dye
- Hardwood used in construction, crafts, canoes and tool making
- Used for fire starting



Pharmacopoeia

- Use of the flowers to relieve mosquito bites
- Decoction or maceration of the bark to facilitate childbirth or regulate menstruation



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