

# *Hibiscus tiliaceus*

Bourao, Hibiscus des plages

Family : Malvaceae



This small, twisted tree has branches that intertwine to form impenetrable thickets. Its bark comes off in thin strips.

Its leaves are green above and white below, shaped like a large rounded heart.

Its large flowers are very particular. Pale yellow during the day, their color turns to orange or even red at nightfall.

At maturity, the downy capsule (fruit) releases many small seeds.



## Virtues

### Ecology

- Fixation of the banks thanks to its dense root system
- Wind breaker



### Traditional uses

- Fibers for the manufacture of ropes, mats, money skirts, sandals and tapas
- Green wood used to make the floats of the dugout canoes

### Pharmacopoeia

- Leaf sap used as a wound healer
- Leaves in decoction used from the 1st pains to facilitate the childbirth